

HEALING PERFORMING ARTS STAGE SCHEDULE

THURSDAY (HA & P-Arts)		FRIDAY (HA & P-Arts)		SATURDAY (HA & P-Arts)		SUNDAY (HA & P-Arts)				
8:00 AM		8:00 AM	Open Floor Yoga Practice 8:00-9:30am	8:00 AM	Open Floor Yoga Practice 8:00-9:30am	8:00 AM	Open Floor Yoga Practice 8:00-9:30am			
:15		:15				:15			:15	
:30		:30				:30			:30	
:45		:45				:45			:45	
9:00 AM		9:00 AM				9:00 AM			9:00 AM	
:15		:15	Yoga Practice w/ Dixon's Violin 9:30-11:00am	:15	Yoga Practice w/ Dixon's Violin 9:30-11:00am	:15	Yoga Practice 9:30-11:00am			
:30		:30				:30			:30	
:45		:45				:45			:45	
10:00 AM		10:00 AM				10:00 AM			10:00 AM	
:15		:15				:15			:15	
:30		:30		:30		:30				
:45		:45		:45		:45				
11:00 AM		11:00 AM		11:00 AM		11:00 AM	Rising Appalachia Workshop 11:00am-Noon			
:15		:15		:15		:15				
:30		:30	Howard Falco Talk #1 11:30am-12:15pm	:30	Dixon's Violin Workshop 11:30am-12:30pm	:30				
:45		:45				:45			:45	
12:00 PM		12:00 PM				12:00 PM			12:00 PM	
:15		:15		:15		:15				
:30		:30	Eastern Arts Movement Class w/ music by Lobo Marino 12:30-1:30pm	:30	Howard Falco Talk #3 12:45-1:30pm	:30	Larry Keel Experience 12:30-1:30pm			
:45		:45				:45			:45	
1:00 PM	Lunaversal.hoopz Workshop 1:00-1:45pm	1:00 PM				1:00 PM			1:00 PM	
:15			:15		:15		:15			
:30			:30		:30		:30			
:45		:45		:45	PLF Bellydance Workshop 1:45-2:45pm	:45	Dave Eggar featuring Sasha Lazard 1:45-2:30pm			
2:00 PM	Eastern Arts Movement Class w/ music by Lobo Marino 2:00-2:45pm	2:00 PM	Howard Falco Talk #2 2:00-3:00pm	2:00 PM				2:00 PM		
:15				:15				:15		:15
:30				:30		:30		:30		
:45		:45		:45		:45				
3:00 PM	Capoeira Movement 3:00-4:00pm	3:00 PM		3:00 PM		3:00 PM	Che Apalache 3:15-4:15pm			
:15			:15	Green Panel Discussion *Check the FF APP for more info! 3:15-4:00pm	:15	PLF Aerial Workshop 3:15-4:15pm		:15		
:30			:30					:30		:30
:45		:45			:45				:45	
4:00 PM		4:00 PM		4:00 PM		4:00 PM				
:15		:15	Lunaversal.hoopz Workshop 4:15-5:15pm	:15	Howard Falco Talk #4 4:15-5:00pm	:15				
:30		:30				:30		:30		
:45		:45				:45		:45		
5:00 PM		5:00 PM		5:00 PM		5:00 PM				
:15		:15		:15	Green Panel Discussion *Check the FF APP for more info! 5:15-6:00 pm	:15				
:30		:30	Dixon's Violin Workshop 5:30-6:15pm	:30			:30			
:45		:45				:45		:45		
6:00 PM		6:00 PM			6:00 PM	Dixon's Violin 6:00-7:00pm	6:00 PM			
:15		:15		:15			:15			
:30		:30		:30			:30			
:45		:45		:45		:45				
7:00 PM	Green Panel Discussion *Check the FF APP for more info! 6:30-7:15pm	7:00 PM	JTown Yoga w/ Franti 6:45-7:45pm	7:00 PM		7:00 PM				
:15				:15		:15	Sol Searchers 7:15-8:15pm	:15		
:30				:30		:30			:30	
:45		:45		:45		:45				
8:00 PM		8:00 PM	Lunaversal.hoopz 8:00-8:30pm	8:00 PM	Arete Fitness Pole Dancing Workshop 8:00-8:45pm	8:00 PM				
:15		:15				:15		:15		
:30		:30				:30		:30		
:45		:45		:45		:45				
9:00 PM	Dixon's Violin 8:30-9:30pm	9:00 PM	Dixon's Violin 8:45-9:45pm	9:00 PM	PLF (Full performance) 8:45-9:45pm	9:00 PM				
:15				:15			:15		:15	
:30				:30			:30		:30	
:45		:45	PLF Aerial 9:50-10:00p	:45		:45				
10:00 PM	Dave Eggar featuring Sasha Lazard 9:50-10:20pm	10:00 PM	Lunaversal.hoopz 10pm	10:00 PM	Lunaversal.hoopz w/ PLF Aerial 10:00-10:15pm	10:00 PM				
:15			:15	Arete Fitness Pole		:15		:15		
:30			:30	Dancing Workshop		:30		:30		
:45		:45	10:15-11:00pm	:45		:45				
11:00 PM	PLF (Fire + DJ) 11:00pm-Midnight	11:00 PM	Nicola Cruz 11:00pm-midnight	11:00 PM	Nicola Cruz 11:00pm-midnight	11:00 PM				
:15				:15			:15		:15	
:30				:30			:30		:30	
:45				:45			:45		:45	